

13 TABLE MANNERS FOR KIDS

1. Come to the table with clean hands and face.
2. Put your napkin on your lap.
3. Start eating when everyone else does—or when given the okay to start.
4. Stay seated and sit up straight.
5. Keep elbows (and other body parts!) off the table while eating.
6. Chew with your mouth closed and don't talk until you've swallowed.
7. Don't make bad comments about the food.
8. Say "Please pass the..." instead of reaching.
9. Chat with everyone at the table.
10. Don't make rude noises like burping or slurping.
11. Ask to be excused when finished.
12. Thank your host or whoever prepared the meal.
13. Offer to help clear the table.

